

PAYMENT INFORMATION

enter amounts in yellow boxes below ↓

2025 Greasy-Gooney 10K entry fee..... \$

SVR member	early	race day
with running cap	\$28	\$38
no running cap	\$22	\$32

Non-member	early	race day
with running cap	\$30	\$40
no running cap	\$24	\$34

Additional merchandise (while supplies last; pick up on race day)..... \$

Extra 2025 forest green & bright green running caps, \$10 each..... quantity:

Leftover 2024 royal blue & white beanies, \$5 each..... quantity:

Additional donation to the event..... \$

All proceeds from this event will be donated to the **Browntown Community Center Association** and the **Humane Society of Warren County**. Additional contributions are welcome, although of course this is entirely optional!

TOTAL ENCLOSED..... \$

ENTRANT INFORMATION (please print legibly)

Name: _____ Age: _____ Sex: _____

on Oct. 25

Address: _____ DOB: _____ / _____ / _____
month day year

City: _____ State: _____ ZIP: _____

E-mail: _____ Phone: (_____) _____ — _____

Would you like to receive e-mail updates from the Greasy-Gooney 10K in the future?

☐ yes ☐ no ☐ I already get them

Emergency contact name: _____

Emergency contact phone: (_____) _____ — _____

Privacy note: Your personal information will be used for race purposes only and will not be shared with any outside parties.

Running club(s) to which you belong: _____

WAIVER: In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against any of the following: the Shenandoah Valley Runners, the Road Runners Club of America, race director Karsten Brown, the Browntown Community Center Association, the owners of the property on which the race is being staged, and all additional contributors, sponsors, and assigns for any injuries suffered by me and/or any damages sustained to my personal property during the scheduled October 25th, 2025 event.

I attest and verify that I am physically fit and have effectively trained to complete this race. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of weather, traffic, course conditions, and encounters with wild or domestic animals. I waive any and all claims which I might have based on any of those and other risks typically found in running a road race. I acknowledge that all such risks are known and understood by me.

I understand that on-site medical assistance will not be available at this event, and I freely accept the additional risk this presents in the event of an illness, injury, or medical emergency arising during the event. Should such an illness, injury, or medical emergency arise, I hereby authorize and give my consent to the event director to secure from any accredited hospital, clinic, and/or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me, including but not limited to medical transport, medications, treatment, and hospitalization.

I understand the event's rules and restrictions, including its strict prohibitions on: Use of headphones, earbuds, and personal listening devices; running/walking with dogs or other pets; use of baby joggers/strollers (unless medically necessary); being "paced" or accompanied on the course by any individuals who are not registered for

the event; littering (with the exception of discarding cups within 500 feet of an official water stop); and abusive, offensive, or unsportsmanlike behavior directed at race officials, volunteers, or other participants. I agree to abide by the decision of any race official relative to my participation, and I understand that violation of any of these rules will result in my disqualification and possible ban from future events.

I attest that the registration information I have provided is correct and accurate, and I understand that my name, age, gender, hometown, and finish time will appear in publicly-available race results. Further, I grant permission to use my name, voice, and images of myself in any photographs, motion pictures, publications, or any other print, videographic, or electronic recording of this event for legitimate purposes, including but not limited to news coverage, race promotion, and advertising.

I accept that my entry fees, and any additional donations/contributions I may make to this event, are non-refundable. I understand and accept that the organizers may postpone or cancel the event due to severe weather, natural disaster, emergency, or other reasons to protect the safety of participants and volunteers, and I am not entitled to a refund under these circumstances.

I agree to forgo participating in this event if, on the day of or the day prior to the event, I feel sick with any sort of illness that may be spread to others.

I understand that my entry in this event is non-transferrable, and I will not allow any other person to participate in the event under my name or registration.

By submitting this entry, I acknowledge that I (or a parent or adult guardian for all children under 18 years of age) have read and agreed to the above release and waiver in full.

Signature: _____ Date: _____

(Parent or guardian's signature if under 18)

PAYMENT & MAILING

Please make checks payable to "Karsten Brown" and mail with completed entry form to:

Greasy-Gooney 10K
c/o Karsten Brown
1195 South River Road
Front Royal, VA 22630-8317

Registration confirmation & full race info:
gg10k.com

Online registration through Wed. 10/22:
<https://runsignup.com/gg10k>