

Greasy-Gooney 10K



Saturday 24 October 2015 Browntown, VA • 9 AM

Schedule of events

7:45 to 8:45 AM - Race day registration & check-in
9:00 AM - 10K start*
10:20 AM - Approximate start of awards ceremony

* NOTE: The starting line is 0.8 miles west of Browntown on Route 613. Please arrive early enough so that you will have time to walk or jog to the starting line before the 9:00 AM start.

Entry fees

With embroidered beanie: \$17 in advance or \$22 on race day
Without beanie: \$10 in advance or \$15 on race day
\$2 discount for members of the Shenandoah Valley Runners
\$1 discount for members of other eligible running clubs:

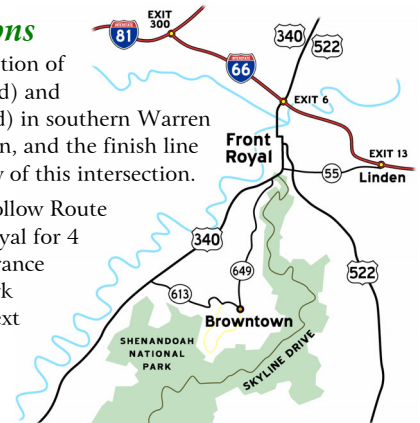
Annapolis Striders, Baltimore R.R.C., Chesapeake Bay R.C., D.C. Road Runners Club, Frederick Steeplechasers R.C., Fredericksburg Area R.C., Howard County Striders, Loudoun R.R.C., Montgomery Co. R.R.C., Potomac Valley T.C., Reston Runners, Shen. Valley T.C., South Riding R.C., Tidal Basin Run, Va. Happy Trails R.C., Westminster R.R.C., 50 Plus Club

Proceeds will benefit the Browntown Community Center Association.

Location & directions

Browntown is at the intersection of Route 649 (Browntown Road) and Route 613 (Bentonville Road) in southern Warren County. Parking, registration, and the finish line are all within a stone's throw of this intersection.

From I-66, take exit 6 and follow Route 340 south through Front Royal for 4 miles. After passing the entrance to Shenandoah National Park & Skyline Drive, take the next left onto Route 649 (Browntown Road) and drive 7.6 miles to Browntown.



Course
Beautiful & challenging 10K (6.2 mile) loop through the foothills of the Blue Ridge Mountains at the height of the fall foliage season. First half is mostly uphill (480 feet of elevation gain), second half is mostly downhill. USATF certified (VA99025RT). Fully paved since 2013. Minimum one water stop.

Awards

Trophies for the top three males & females in the following divisions: Overall, 19 & under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70 & over.

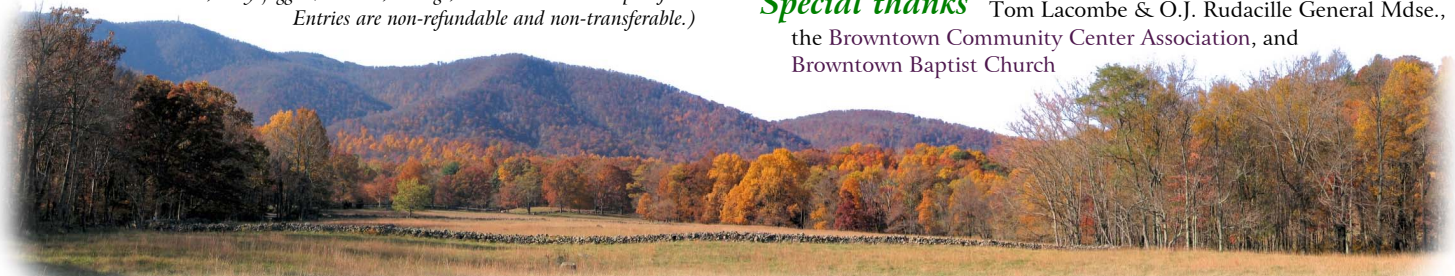
For more information

Contact race director Karsten Brown at (540) 635-1773 or karsten@gg10k.com with any questions or if you'd like to serve as a volunteer. Updates, course maps, photos, past results, detailed directions, and more can be found online at: gg10k.com

(For safety & insurance reasons, participants may not run with personal listening devices, baby joggers/strollers, or dogs; violators will be disqualified. Entries are non-refundable and non-transferable.)

Special thanks

Tom Lacombe & O.J. Rudacille General Mdse., the Browntown Community Center Association, and Browntown Baptist Church



Entry Form

Entry fee: (circle one)

SVR member	early	race day
with beanie	\$15	\$20
no beanie	\$8	\$13

Other club*	early	race day
with beanie	\$16	\$21
no beanie	\$9	\$14

*Specify club here: _____

Non-member	early	race day
with beanie	\$17	\$22
no beanie	\$10	\$15

of add'l. beanies (\$10 ea.): _____

Name: _____ Age: _____ Sex: _____

Address: _____ DOB: ____ / ____ / ____
month day year

City: _____ State: _____ ZIP: _____

Phone: (____) _____ — _____ E-mail: _____

Privacy note: Your personal information will be used for race purposes only and will not be shared with any outside parties.

WAIVER: In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against any of the following: the Shenandoah Valley Runners, Karsten Brown, the Browntown Community Ctr. Association, the owners of the property on which the race is being staged, and all additional contributors, sponsors and assigns for any injuries suffered by me in the scheduled October 24th, 2015 event. I attest and verify that I am physically fit and have effectively trained to complete this race. I understand the event's rules and restrictions, assume all risks associated with the event, and agree to abide by the decision of any race official relative to my participation.

Checks payable to
"Karsten Brown"

Signature: _____ Date: _____

(Parent or guardian's signature if under 18)

Mail to: Greasy-Gooney 10K, c/o Karsten Brown, 1195 South River Road, Front Royal, VA 22630-8317